



**Creative Movement Therapy Association of India (CMTAI)**

**with**

**Christ (Deemed to be University)**

**School of Psychological Sciences**

**Present CMTAI's**

**10th International Conference**

**at Christ (Deemed to be University), Bangalore Central Campus,**

**September 21st and 22nd, 2024**

**Beyond the Box: Innovations in Dance and Other Arts Therapies**

**Pre-Conference Intensive Workshop**

**Expanding Horizons: The Future of Creative Expression & Arts Therapies in Virtual Worlds**

*By Nina Jane Patel,*

**Date: September 20th, 2024**

**Time: 10 AM to 4.00 PM**



In this intensive workshop, we explore the rapidly evolving landscape of emerging technologies and their profound implications for self-expression, creativity, and therapeutic practices, with a special focus on the integration of virtual reality (VR). This immersive experience will begin with dynamic movement exercises aimed at deepening bodily awareness and fostering connection

within the group. We will explore how to translate these embodied experiences into the digital realm, setting the stage for an enriching creative exploration.

Using VR headsets, participants will experiment with virtual tools and create immersive art, offering new perspectives on integrating technology into therapeutic practices. Through live demonstrations and group activities, participants will experience the potential of VR to foster deeper connections and creative expression within therapeutic settings.

Join us to discover how this fusion of physical movement and virtual artistry can enhance your therapeutic techniques, teaching practices, and creative interventions. This workshop promises to expand your approach to artistic expression and deepen your understanding of integrating technology into creative expression, and therapeutic interventions.

**Bio of Facilitator:**

Driven by the values of innovation, agency, and empowerment, ***Nina Jane Patel*** is a pioneering force in the intersection of technology and well-being. With a relentless focus on the psychological dimensions of immersion, presence, and embodiment in spatial computing and extended realities, Nina brings a unique perspective to the ever-evolving landscape of emerging technologies. As an Emerging Technology Consultant for institutions including Interpol Metaverse Expert Group, National Online Safety, the Zero Abuse Project, and Middlesex University and the University of East London, Nina is dedicated to responsibly integrating emerging technologies into classrooms and homes. With an MA in Movement Psychotherapy, from Goldsmith's College, University of London, with experience within the NHS (England), HM Prisons (England) and with the Vancouver School Boards (Canada), she is committed to ensuring that technological advancements enhance, rather than diminish, the human experience. Beyond professional titles, Nina is a mother, researcher, and advocate passionately concerned about the societal and psychological implications of the metaverse, spatial computing, blockchain, Web3, and AI. This session is a testament to her dedication to forging a future where innovation and well-being walk hand in hand. She has been featured in the media and press by the BBC, The Washington Post, CNN, NBC News, The Telegraph, The Guardian, and Vogue, talking about the metaverse.

Website: [www.ninajanepatel.com](http://www.ninajanepatel.com)

Artistic Value in the Metaverse -

<https://sway.cloud.microsoft/NuTEkBI3mL5kZdJF?ref=Link&loc=play>

Virtual Reality and Dance -

<https://sway.cloud.microsoft/zbG3kE4iETW6bGui?ref=Link&loc=play>

**Pre-Conference Intensive Workshop Fees:** *\*All amounts are in Indian Rupees (INR)*

	<b>Standard Fee</b>
<b>Members</b>	<b>2700</b>
<b>Non Members</b>	<b>2700</b>
<b>Students</b>	<b>2000*</b>
<b>International</b>	<b>3400</b>

*\* To avail of the student discount, you must be currently registered as a student at a University or Institution. You must also upload a valid student ID card or letter from the institution.*

*Note: Registration for only the Pre-conference Intensive Workshop is not possible. If you want to attend the pre-conference workshop, please choose the Pre-conference + Conference option.*