**Creative Movement Therapy Association of India with
SNDT Women's University Department of Special Education
presents its**

9th Annual International Conference
**at SNDTWU, Juhu Campus, Mumbai
November 19th and 20th, 2022**

Holding Spaces Across Communities using Dance and other Arts Therapies

Pre-Conference Intensive Workshop

**Finding Flow: Emergent Kinesthetic Processes in
Improvisational Movement and Dance Therapy**

By Corinna Brown PhD, LCAT, BC-DMT

**Date: November 18th, 2022
Time: 10 AM to 4.30 PM**

This intensive workshop will provide a combination of didactic and experiential learning to help participants understand the healing opportunities within emergent processes inherent in improvisational approaches to group dance/movement therapy including but not limited to the Chace Approach. The intensive will present several theoretical frames from which to examine the healing factors within creative arts therapy in general and within dance therapy, specifically giving participants an embodied experience of each healing factor. Participants will be given time to explore and articulate these factors in their own creative practices and work.

It will review the positive psychology concept of flow and contrast it with the flow within group improvisation. Emphasis will be given to flow within a dance therapy group. This will include examining phenomena such as unison movement, repetition, making sounds and music (from the body and/or soundtrack), deep listening, connecting, and making visual, physical, emotional, and kinesthetic contact. How flow may be an indicator of the therapeutic effectiveness of group dance therapy will also be discussed.

The presenter will share her experience of working with a variety of populations over the past 3 decades in hospital, community, and private settings. She will give case examples of how she has used these processes to strengthen the community, help clients heal their trauma, and create healing spaces. She will include how this has shifted over the course of the COVID 19 Pandemic. Honoring tacit knowledge and dance as a way of knowing, participants will have opportunities to explore their own creativity, movement expression, and healing practices during the session. Information will be presented via lecture, discussion, creative exploration, and movement experientials individually, in dyads, in small groups, and collectively. Opportunities will be given for participants to honor their own embodied knowledge, to play with cultural practices within this form, and to find joy.

Bio: *Corinna Brown PhD, LCAT, BC-DMT*, is a performer, choreographer, dance/movement therapist, educator, researcher, and mother. She has been teaching at Pratt Institute's Graduate Creative Arts Therapy Program since 2005, has been working as a creative arts therapist at Bellevue Hospital and in private practice in NYC since 1999. She is co-director of the Center for Reichian Energetic Therapy. She has worked with individuals and groups, from preschoolers to geriatrics in a variety of settings. She has published in The Arts in Psychotherapy, The American Journal of Dance Therapy and The Journal of Applied Arts in Health. Her doctoral work at Lesley University examined the healing that lies in the aesthetic components of group dance therapy. She has performed modern dance and improvisation with Chris Ferris, Marylee Hardenbergh, Andrea Isaacs, Mark DeGarmo, Noemi LeFranc, Djuna Passman, and performed Butoh with Celeste Hastings's Butoh Rockettes, Harupin Ha, Sticky Mango Movement, along with her own choreography.

<u>**Pre-Conference Intensive Workshop Fees:**</u> *All amounts are in Indian Rupees (INR)*

	Early Bird (till Oct 10th, 2022)	**Regular**
Members	2300	2700
Non Members	2600	3000
Students	1600	2000
International	3000	3400

Note: Registration for only the Pre-conference Intensive Workshop is not possible. If you would like to attend the pre-conference workshop, please choose the Pre-conference + Conference option.