

<b>CMTAI 2021 CONFERENCE SCHEDULE</b>				
<b>8th Annual International Conference (Virtual)</b>				
	<b>Session A</b>	<b>Session B</b>	<b>Session C</b>	<b>Session D</b>
<b>Time (IST)</b>	<b>DAY 1 - 4th Dec 2021</b>			
<b>8:00 am to 8:15 am</b>	<b>Login</b>			
<b>8:15 am to 9:15 am</b>	<b>Welcome and Keynote Addresses - Dr. Ilene Serlin and Nalini Prakash</b>			
<b>9:15 am to 9:30 am</b>	<b>Break</b>			
<b>9:30 am to 11:00 am</b>	Dance/Movement Therapy using Movements Inspired by the Four Seasons of Japan - <b>Yukari Sakiyama</b>	Building Resilience through Psychodrama - <b>Magdalene Jeyarathnam</b>	Creating a Safe Space - <b>Disha Dutt</b>	Movement Expression - An Introduction to Dance/Movement Therapy - <b>Aparna Ramkrishnan</b>
<b>11:00 am to 11:15 am</b>	<b>Tea Break</b>			
<b>11:15 am to 12:45 pm</b>	Creative Caregiver Initiative - Resilience in Caregivers in People with Chronic Conditions - <b>Tarana Khatri</b>	Eurythmy - A Movement Art for Wellbeing and Alignment - <b>Deepa Mahesh</b>	Trust Circle - Using Expressive Arts to Address Inter-personal and Intra-personal Relationships to Build Resilience and Inclusivity Amongst Pre-teens and Teenagers - <b>Rashmi Balakrishnan</b>	Addressing and Navigating Emotional States through Movements, Art and Poetry - <b>Pallavi Deshmukh</b>
<b>12:45 pm to 1:45 pm</b>	<b>Lunch + Virtual Lounge</b>			
<b>1:45 pm to 3:00 pm (Therapeutic Performances)</b>	Jan-Jaati - <b>Sumeet Nagdev</b>	OneVoice - <b>Surjit Bonbon</b>	Life in Suitcase - <b>Sangeeta Sharma</b>	Performing as an Act of Resistance and Resilience: Facilitating a Women's Theatre Project in Rural Tamil Nadu - <b>Maitri Gopalakrishna</b>
<b>3:00 pm to 3:15 pm</b>	<b>Break</b>			
<b>3:15 pm to 4:45 pm</b>	Your Body Never Lies - <b>Martina Piff</b>	Sensing and Shaping, "FascialNatya" Methodology for Performance, Pedagogy and Therapy - <b>Rajyashree Ramesh</b>	Somatic Resourcing to Promote Resilience - <b>Rashi Trehan</b>	The Chakra System & Dance Movement Therapy (DMT): A Systemic Exploration of the Energy Centers in the Body using the Expressive Arts & Meditative & Movement Practices - <b>Anubha Doshi and Tripura Kashyap</b>
<b>4:45 pm to 5:00 pm</b>	<b>Tea Break</b>			
<b>5:00 pm to 6:30 pm</b>	The Masking of Resilience - From Change to Transformation - <b>Amarallis Y Vasquez</b>	Moving Resilience - Neurobiological underpinnings of Dance Therapy for Chronic Pain Conditions - <b>Rebecca Elizabeth Barnstaple</b>	Move, Dance and Play with me! DMT to Promote Early Relational Health for Young Children - <b>Aditi Subramaniam</b>	Fostering Identity, Confidence and Healthy Relationships - <b>Nikita Rupesh Mittal, Danielle Louisa Frankel, Jeffry Daniel Mehr</b>
	<b>DAY 2 - 5th Dec 2021</b>			
<b>9:00 AM</b>	<b>Login</b>			
<b>9:00 am to 10:30 am</b>	Therapeutic Bodies - Addressing Mental Health outside the Therapy Paradigm - <b>Shabari Rao</b>	Creative Dance and Movement Therapy for Parkinson's Disease: Online and Offline Model of Care - <b>Tejali Kunte</b>	Brain Plasticity, Trauma & Resilience - <b>Yamini Joshi</b>	Dance/Movement Therapy In Cancer Care - <b>Maanasa Bharath</b>
<b>10.30 am to 10:45 am</b>	<b>Break</b>			
<b>10:45 am to 12:15 pm</b>	Visual Journaling: A creative intervention for holistic health - <b>Avantika Malhotra</b>	Aging Well in the Community – An arts based rehabilitation approach to improve overall wellbeing and quality of life of the elderly living in the community - <b>Shubha Bangur</b>	"Sense-O-motion" - A Rhythmic Pilates based approach to healthy mind and body - <b>Mudrika Awasthi</b>	Dance Movement Therapy and Children with Special Needs: Finding Connections - <b>Preethi Rajagopalan</b>
<b>12:15 pm to 12:30 pm</b>	<b>Break</b>			

<b>12:30 pm to 1:00 pm (Research Presentations)</b>	The Constructive Effects of Creative Dance on the Health Related Quality of Life of Indian Middle School Students - <b>Swetha N and Rajiv U Kalebar</b>	Art Therapy Practices Across Ethnicities and Cultural Beliefs: A Study on the Ritualistic forms of Kerala with a History of Healing Practices - <b>Sneha M</b>	Arts-based Psychotherapy for Resilience Enhancements in Parents with Disabilities - <b>Supritha Aithal</b>	-
<b>1:00 pm to 2:00 pm</b>	<b>Lunch + Virtual Lounge</b>			
<b>2:00 pm to 3:00 pm</b>	<b>Panel Discussion</b>			
<b>3:00 pm to 3:15 pm</b>	<b>Break</b>			
<b>3:15 pm to 4:45 pm</b>	Neurophysiological Mechanism underlying Emotion Regulation through Movement and its Application in Dance Movement Therapy using Laban Movement Analysis - <b>Tal Shafir</b>	Connection and Health from Isolation and Trauma in Group Music Therapy - <b>Alice Laing</b>	Developing Movements-Based Psychosocial Care for Children on the Move - <b>Katia Verreault</b>	Dance movement therapy for clients with Depression: What Works? - <b>Vicky Karkou</b>
<b>4:45 pm to 5:30 pm</b>	<b>Closing - Movement</b>			