



# CERTIFICATE COURSE IN DANCE/ MOVEMENT THERAPY

Creative Movement Therapy Association of India (CMTAI)

Logistics Partner

*Chaari*  
Center For Creative Movement Therapy

# WHAT IS DANCE/MOVEMENT THERAPY?

CMTAI (2019) defines Dance/Movement Therapy (also known as Creative Movement Therapy) as a psychotherapeutic framework that works with the mind-body connection to use personal movement language and dance for the health and wellness of an individual's physical, emotional, cognitive, social and behavioural aspects.



# COURSE CONTENT

THIS INTENSIVE COURSE COVERS THEORETICAL FRAMEWORKS AND MOVEMENT EXPERIENCES FROM DANCE THERAPY.

IT ALSO INCLUDES EVOLUTION, PRINCIPLES, GOALS, APPROACHES AND TECHNIQUES OF THE DISCIPLINE, ALONG WITH APPLICATIONS IN THE INDIAN CONTEXT.





We take pride in our one-of-a-kind program which engages students in the highest quality of training through handpicked faculty vetted for their academic qualifications and experience.



# Course Features

260+  
hours of  
training  
(Online +  
Offline)

10  
hours of  
Faculty Supervision

60  
hours of  
Fieldwork/  
Internship

# Certification

## MOVEMENT THERAPY FACILITATOR CID-UNESCO LEVEL III CERTIFICATION

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The course is certified by

- Creative Movement Therapy Association of India  
(Institutional Member of American Dance Therapy Association-ADTA)
- CID-UNESCO (International Dance Council, France)

# COURSE TOPICS

- DANCE/MOVEMENT THERAPY - THEORY AND PRACTICE
- SCHOOLS OF PSYCHOLOGY & MIND-BODY CONNECTION
- COUNSELLING SKILLS
- ETHICS IN DANCE/MOVEMENT THERAPY
- LABAN MOVEMENT ANALYSIS
- WORKING WITH DIFFERENT POPULATIONS
- RESEARCH METHODOLOGY
- FACILITATION SKILLS
- APPLICATIONS IN THE INDIAN CONTEXT



# COURSE DETAILS

## 2 BATCHES

BATCH 1 - NORTH ZONE

BATCH 2 - SOUTH ZONE



## FEEES

Rs. 67,500 (REGULAR FEEES)

Rs. 72,500 (WITH PSYCHOLOGY PRE COURSE)



## DATES

MODULE 1 (ONLINE) SEPT 10- SEPT 19

MODULE 2 (ONLINE) OCT 1 - OCT 10

MODULE 3 (ONLINE) NOV 12 - NOV 21

MODULE 4 (OFFLINE) :

NORTH ZONE - JAN 10- JAN 22

SOUTH ZONE - FEB 10 - FEB 22



## TIMINGS

ONLINE MODULES : 10AM TO 5:30PM

OFFLINE MODULE :9:30AM TO 6:30PM





## VENUE

NORTH ZONE (Offline Module):

Narenjayan Studio

53, Bharati Artists Colony Road

Vikas Marg

Near Nirman Vihar Metro Station

Delhi - 110092

SOUTH ZONE (Offline Module):

Montfort Spirituality Centre

184, Swami Vivekananda Rd

Binna Mangala

Indiranagar

Bengaluru - 560038

## APPLY AT:

[HTTPS://WWW.CMTAI.ORG/EVENT/CERT-COURSE-2021/](https://www.cmtai.org/event/cert-course-2021/)



## CONTACT INFO

EMAIL: [INFO@CMTAI.ORG](mailto:INFO@CMTAI.ORG)

PH: 9982843831

CALL HOURS- 10AM - 6PM (MON-SAT)

# Testimonials



**Shruti Suman**

2018 Batch

The course was an enriching learning experience! The trainers are very knowledgeable and approachable.

Since it was largely experiential, I explored and discovered parts to myself that have been dormant for years, and this journey has really changed my life!



**Deepali Salil**

2018 Batch

When you learn something new, that always helps you grow. It's adding to your knowledge. But this course adds on to your whole personality. The course has helped me discover who I truly am and the journey still continues. With the help of the amazing faculty, you truly gain a lot more than you are looking for,



[movewithCMTAI](https://www.facebook.com/movewithCMTAI)



[www.cmtai.org](http://www.cmtai.org)



[move\\_with\\_cmtai](https://www.instagram.com/move_with_cmtai)



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[www.chari.in](http://www.chari.in)