



Certificate Course in Creative Movement Therapy



Creative Movement Therapy Association of India (CMTAI)

WHAT IS CREATIVE MOVEMENT THERAPY?

CMTAI (2019) defines Creative Movement Therapy or Dance Movement Therapy as a psychotherapeutic framework that works with the mind-body connection to use personal movement language and dance for the health and wellness of an individual's physical, emotional, cognitive, social and behavioural aspects.



COURSE CONTENT

This intensive course covers theoretical frameworks and creative movement experiences from dance therapy.

It also includes the evolution, principles, goals, approaches and techniques of the discipline used in group and individual work with extensive supervision.



We take pride in our one-of-a-kind program which engages students in the highest quality of training through handpicked faculty vetted for their academic qualifications and experience.



COURSE FEATURES

240 HOURS
OF
TRAINING
(Online + Offline)

10 HOURS
OF
FACULTY
SUPERVISION

60 HOURS
OF
FIELDWORK/
INTERNSHIP

CERTIFICATION

THERAPEUTIC MOVEMENT FACILITATOR

CID-UNESCO LEVEL III CERTIFICATION

The course is certified by

- **Creative Movement Therapy Association of India
(Institutional Member of American Dance Therapy
Association-ADTA)**
- **CID-UNESCO (International Dance Council, France)**

COURSE TOPICS

- **Creative Movement Therapy - Theory and Practice**
- **Schools of Psychology**
- **Counselling Skills**
- **Ethics in Creative Movement Therapy**
- **Laban Movement Analysis**
- **Working with Different Populations**
- **Research Methodology**

COURSE FACULTY



Anshuma Kshetrapal
Drama and Movement
Therapist



Tripura Kashyap
Dance Educator
Movement Therapist



Neha Christopher
Dance/Movement
Therapist



Preetha Ramasubramanian
Dance/Movement
Psychotherapist



Sukriti Dua
Dance Movement Therapy
Practitioner



Avantika Malhautra
Expressive Arts Therapy
Practitioner



Preethi Rajagopalan
Creative Movement Therapy
Facilitator



Mugdha Shivapurkar
Dance Movement Therapy
Practitioner

COURSE DETAILS



BATCHES

Batch 1: North Zone

Offline Module @ Delhi

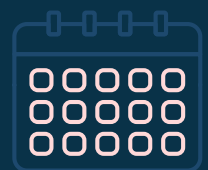
Batch 2: South Zone

Offline Module @Bangalore



FEEES

- 60,000 + 18% GST (Regular fee)
- 65,000 + 18% GST (with Psychology Pre-Course)



DATES

Module 1 (Online): Sept 12 - Sept 20

Module 2 (Online): Oct 2 - Oct 10

Module 3 (Online): Dec 16 - Dec 24

Module 4 (Offline): **North Zone:** Jan 3 - Jan 16

South Zone: Feb 3 - Feb 16



TIMINGS

Online Modules: 10 AM - 5 PM

Offline Module: 9:30 AM - 6:30 PM



VENUE

NORTH ZONE (Offline Module):

Narenjayan Studio
53, Bharati Artists Colony Road
Vikas Marg
Near Nirman Vihar Metro Station
Delhi - 110092

SOUTH ZONE (Offline Module):

Montfort Spirituality Centre
184, Swami Vivekananda Rd
Binna Mangala
Indiranagar
Bengaluru - 560038



REGISTRATION LINK:

www.cmtai.org



CONTACT INFO

Email: info@cmtai.org
Phone: 97739 05280

TESTIMONIALS



SHRUTI SUMAN

2018 Batch

The course was an enriching learning experience!
The trainers are very knowledgeable and approachable. Since it was largely experiential, I explored and discovered parts to myself that have been dormant for years, and this journey has really changed my life!



DEEPALI SALIL

2018 Batch

When you learn something new, that always helps you grow. It's adding to your knowledge. But this course adds on to your whole personality. The course has helped me discover who I truly am and the journey still continues. With the help of the amazing faculty, you truly gain a lot more than you are looking for,



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Creative Movement Therapy Association of India
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