



FAQs for Creative Movement Therapy Certification Course (Delhi) 2020-21

What is Creative Movement Therapy?

CMTAI defines Creative Movement Therapy (or Dance Movement Therapy) as a psychotherapeutic framework that works with the mind-body connection to use personal movement language and dance for the health and wellness of an individual's physical, emotional, cognitive, social and behavioural aspects.

What is the scope of work in this field? Where can I work after doing this course?

CMT/DMT can be used across age-groups, populations and in various settings. After doing this course, you can work with neuro-typical populations in NGOs, corporates, schools, colleges, etc. However, you cannot work with people with mental health issues.

Psychologists, counsellors, etc who undergo this course can also use this modality in their practice.

What are the levels of certification/training in this field? What title would I receive at the end of the course?

The different levels of training in this field are:

- Certificate Course
- PG Diploma
- Masters (Not in India)

On successful completion of the certificate course, you will receive the title of a certified **Therapeutic Movement Facilitator**.

Who can apply for this course?

The course has been specifically designed for anybody who wants to learn about creative movement therapy and/ or wants to use it in their line of work.

Anyone with a minimum of a Bachelor's degree in any field can apply for this course.



Are there any prerequisites for joining this course?

No, there are no particular prerequisites for joining this course. People from any educational background can apply. However, a background in psychology and/or any expressive arts therapy may be helpful.

Is any prior training in dance preferred?

No, it is not essential. The course is for anybody interested in the field.

What is the duration of the course?

The course includes 240 hours of training spread over three months, followed by 60 hours of fieldwork/internship which also includes 10 hours of faculty supervision.

What are the dates of the course?

The following are the dates for the training phase:

May 15-19 & 21-25

June 12-16 & 18-22

July 16-20 & 22-26

Can I choose between May, June or July for my training?

No, the course is spread across three months - May, June and July 2020 (10 days in each month.) You have to attend classes on all the above mentioned dates.

Will there be holidays or half-days on Sundays?

No, there will be training on all days except **May 20, June 17 and July 21** which are non-instructional days.



What are the timings for the course?

The classes are from 9.30 am to 6.30 pm on all days mentioned.

How is each session structured in the course?

Sessions will be experiential and theoretical in nature and will have practical movement activities with strong theoretical underpinnings.

Do I have to attend the Psychology Pre-Course?

If you have no or limited background in Psychology, then you will be asked to attend the Mini-Course in Psychology before the beginning of the certificate course. This will be informed to you by our faculty during your interview call. The venue for the same might be at a different location in Delhi.

What is the course fee? And how can I pay?

The fee for the course is Rs.68,000. You can make the payment through NEFT or bank transfer to the CMTAI account directly.

The bank details will be shared with you after the selection process.

Once we receive the fee in the account & a scanned transaction slip from you, we will confirm your participation in the course.

Does the course fee also include the cost of the Psychology Pre-Course?

No, the above mentioned amount is the regular fee for the certificate course. The total fee for the course including the Psychology Pre-Course (IF recommended) is Rs. 73,000.



I do not work currently and am running low on finances. Does CMTAI provide any scholarships?

Yes, CMTAI provides anywhere between 10% to 50% financial aid towards the course fee. But this is purely on a case-to-case basis. Details for the same will be shared only once the candidate has been selected, post the interview process.

Will I receive a certificate at the end of the course?

Yes, you will receive a certificate at the end of the course subject to completion of all course criteria.

The course is certified by CID-UNESCO (International Dance Council, France) & Creative Movement Therapy Association of India (Member of American Dance Therapy Association), India.

What is the procedure of processing my application?

After you have applied on the website, you will be scheduled for a telephonic or skype interview with our Course Faculty. If you are selected, you will receive the payment details.

Once the payment has been made and is verified by the Accounts Team, we will confirm your registration for the course.

What is the purpose of the interview?

The purpose of the interview is for background, intent, experience, nature of work and professional goals.

Is there any place near the course venue to stay for the duration of the training?

Limited accomodation on sharing-basis is available at the training venue itself. You may contact **Mr. Sonu (Ph 89206 43369)** for more details.



What are the criteria for students to receive certification at the end of this course?

Criteria for Certification:

1. 95% attendance during training days
2. Timely submission of all in-training assignments
3. Passing the group facilitation assessment
4. Completion of 10 hours of Supervision, approved by supervisor
5. Completion of 10 hours of personal therapy, along with submission of personal therapy log form
6. Letter(s) of internship hours completion from the respective organization(s)
7. Submission of both the documents – Internship Report and Heuristic Essay, along with supervisor's approval on the same

In case I discontinue halfway through the course due to some unforeseen circumstances, will my fees be refunded?

Once paid, the course fee is **non-refundable** under any circumstances.

What are some points to consider before applying for the course?

Certain points to consider before enrolling for the course:

1. Attendance for all training days is compulsory.
2. Once selected, you must make the payment within the stipulated time that would be conveyed to you.
3. The course fee is non-refundable and non-transferable under any circumstances.