

# CMTAI's 6th Annual International Conference

## SESSIONS & FACILITATORS

Expert facilitators from across India and the world will be leading experiential sessions and discussions. The session details have been given below:

FACILITATOR	SESSION TITLE
Aanchal Anand	Coping with and Navigating through Transitions in Life: A Dance/Movement Therapy Approach
Anshuma Kshetrapal	Deconstructing Gendered Narratives through Drama: Examining the Collective Unconscious through Stories and Myths
Anubha Doshi	The Therapist's Mind
Anupriya Banerjee	Cell Phones for Self-care
Brinda Jacob Janvrinis	Move and Be Moved
Chetnaa Mehrotra	Creating Therapeutic Settings through Playback Theatre"
Deepa Sai Avula	Handling Prejudice and Bias in Clinical Practice examined from a Somatic and Artistic Lens
Helen Payne	Dance Movement Psychotherapy (DMP) in 'Groupwork'
Janavi Ananth	Beyond The Art: Exploring Dance in Classrooms
Jyotsna Srikant Ramita Menon	The Journey Within - An Introduction to Dance Movement Therapy
Katia Verreault	Session 1: DMT and Interoception: The Inner Landscape of the Body
	Session 2: What is Trauma-sensitive Yoga (TCTSY)?
Mike Clarke	Superheroes to Superstars: Using Popular Characters and Stories as Metaphor in a Therapeutic Context
Min Bae	Session 1: Resource-oriented Music Therapy for Emotional Regulation
	Session 2: Music-Based Wellness for Community
Mugdha Shivapurkar	Mandalas and the Self: A Brief Insight into Carl Jung's Approach to the Use of Art-based Interventions
Neha Christopher	Session 1: DMT as a Supplemental Form of Medical Treatment
	Session 2: Latin American Dance Styles as an Intervention in Couples Therapy
Niharica Shah	Embracing Our 'Underserving' Selves Using Therapeutic Art and Movement
Oihika Chakrabarti	Session 1: Santati: Expanding the Creative Lens - Workshop on Creative Leadership and Team Building
	Session 2: Adarshanpatha - Co-creating a Common Visionary Pathway for Creative Arts Therapies in India
Preetha Ramasubramanian	Ethical Dilemmas in Dance Movement Therapy in India
Preethi Rajagopalan	What it Means to Move: An Introduction to Dance Movement Therapy
Raksha Agarwal	Art Making and Creative Collaboration to Build a Community that Practices Empathy
Reetu Jain	The Kinesthetic Mind: Using Movement-based Activities to Review and Reinforce Academic Content
Renelle Andrea Snelleszk Dr. Sohini Chakraborty	Sampoornata - An Emerging and Emancipatory Model of Dance Movement Therapy and Psycho-Social Rehabilitation

Ritu Shree	Expressive Therapy for a Neurodiverse World
Ruchi Shah	On Beating the Odds: A Strengths-based Approach to helping Children Heal from Trauma
Sandy Dias	Mindfulness and Presence for Therapeutic Change
Sara Owen	From Embodiment to Interpersonal Transformation
Sarah Payne	The Voice, Improvisation and Story-telling through Music and Movement
Sukriti Dua	Therapeutic Movement for the Inner Child
Sumeet Nagdev	Celebrate Meditate
Swati Namjoshi	Draw Your Stories
Tripura Kashyap	Self-Care Techniques through Movement-based Rituals
Vikramjeet Sinha	Session 1: What Makes Drama Therapeutic?
	Session 2: The Use of Multi-modality Arts Training for Clinical and Community Settings
Vonita Singh	Movement is Your Mantra – Mindful and Conscious Movement for Senior Adults and People with Parkinson's Disease