

CMTAI's 6th Annual International Conference

SESSIONS & FACILITATORS

Expert facilitators from across India and the world will be leading experiential sessions and discussions. The session details have been given below:

FACILITATOR	SESSION TITLE
Aanchal Anand	Coping with and Navigating through Transitions in Life: A Dance/Movement Therapy Approach
Anshuma Kshetrapal	Deconstructing Gendered Narratives through Drama: Examining the Collective Unconscious through Stories and Myths
Anubha Doshi	The Therapist's Mind
Anupriya Banerjee	Cell Phones for Self-care
Chetnaa Mehrotra	Creating Therapeutic Settings through Playback Theatre"
Deepa Sai Avula	Handling Prejudice and Bias in Clinical Practice examined from a Somatic and Artistic Lens
Helen Payne	Dance Movement Psychotherapy (DMP) in 'Groupwork'
Janavi Ananth	Beyond The Art: Exploring Dance in Classrooms
Katia Verreault	Session 1: DMT and Interoception: The Inner Landscape of the Body Session 2: What is Trauma-sensitive Yoga(TCTSY)?
Mike Clarke	Superheroes to Superstars: Using Popular Characters and Stories as Metaphor in a Therapeutic Context
Min Bae	Session 1: Resource-oriented Music Therapy for Emotional Regulation Session 2: Music-Based Wellness for Community
Mugdha Shivapurkar	Mandalas and the Self: A Brief Insight into Carl Jung's Approach to the Use of Art-based Interventions
Neha Christopher	Session 1: DMT as a Supplemental Form of Medical Treatment Session 2: Latin American Dance Styles as an Intervention in Couples Therapy
Niharica Shah	Embracing Our 'Underserving' Selves Using Therapeutic Art and Movement
Preetha Ramasubramanian	Ethical Dilemmas in Dance Movement Therapy in India
Preethi Rajagopalan	What it Means to Move: An Introduction to Dance Movement Therapy
Ruchi Shah	On Beating the Odds: A Strengths-based Approach to helping Children Heal from Trauma
Sandy Dias	Mindfulness and Presence for Therapeutic Change
Sara Owen	From Embodiment to Interpersonal Transformation
Sumeet Nagdev	Celebrate Meditate
Swati Namjoshi	Draw Your Stories
Tripura Kashyap	Self-Care Techniques through Movement-based Rituals
Vikramjeet Sinha	Session 1: What Makes Drama Therapeutic? Session 2: The Use of Multi-modality Arts Training for Clinical and Community Settings
Vonita Singh	Movement is Your Mantra – Mindful and Conscious Movement for Senior Adults and People with Parkinson's Disease