

CMTAI CONFERENCE DAY 1 - SATURDAY, OCTOBER 6, 2018

Sessions	Time	Session A	Session B	Session C	Session D	Session E	Session F
	8:00-8:45am	CONFERENCE CHECK-IN at registration desk					
	9:00-9:45 am	Opening & Welcome (Invocation Performance and Keynote by Padmashri awardee Geeta Chandran)					
Session 1	10:00-11:45 am	Purva Sampath (Bengaluru) - Music in and Around Us: An Introduction to Music Therapy	Akanksha Mishra & Rashi Bijlani (New Delhi) - Moving Together: Dance Movement Therapy Inside Inclusive Classrooms	Disha Dutt (Bengaluru) - Introduction to Art Therapy	Yashvi Bhatnagar (New Delhi) - Basic Principles and Introduction to Dance Movement Psychotherapy	Iman Kheil (Palestine/Israel) - Step Up and Create Your Own Stage: Drama Therapy	Bhaktiveda Dhaut (Mumbai) - "An Exploration of the Self": An Introduction to Expressive Arts Therapy
Session 2	12:00-1:00pm	Gender Panel: The Scope of Creative Movement Therapy and other Expressive Therapies in Addressing Gender-Based Issues - Reetu Jain (moderator) - Performance by Abhay Srivastava & Kavita Yadav, Ramona El Hamzaoui (Deputy Mission Director, USAID/India), Sohini Chakraborty (Founder/Secretary, Kolkata Sanved), Tanisha Chadha (Programme Officer - Strategic Investment, Centre for Catalyzing Change)	Education Panel: The Role of Creative Movement Therapy and other Expressive Therapies in Education - Sukriti Dua (moderator) - Dr. Madhavi Maganti (Asst Professor - Dept of Psychology, Ashoka Univ), Dr. Sakshi Mehrotra, (Asst Professor - Dept of Psychology, Amity Univ), Mandeep Raikhy (Managing Director, Gati Dance Forum; Asst Professor - Dance, Ambedkar Univ; Dance Practitioner), Riya Mandal (Performing Arts Professional, Educational Content Designer)	n/a	Corporate Panel: Creative Movement Therapy and other Expressive Therapies for Corporate Wellness - Avantika (moderator) - Anubha Doshi (Founder-Director, Artsphere), Jagat Rathore (Managing Partner, Wisnes OD Consulting), Kavita Mathur (People & Culture Leader, Grant Thornton), Kshitij Sharma (Senior Software Engineer, Ericsson)	n/a	n/a
	1:15-2:15 pm	LUNCH					

Session 3	2:30-4:30 pm	Tiffany L. Thompson (USA) - Reaching Children Exposed to Trauma Through the Use of Expressive Arts in School Settings	Katia Verreault (Netherlands/Nepal) - Dance Movement Therapy, Trauma and Interoception	Charithra Ballal (Bengaluru) - Gender & Self: An Enquiry	Neha Christopher (New Delhi) - Dance Movement Therapy with Older Adults	Tripura Kashyap (New Delhi/Bengaluru) - Dance Away Depression: Working with Adults	Anubha Doshi (Pune) & Avantika Malhautra (Mumbai) - Integrating Mindfulness and Presence Oriented Psychotherapy with the Expressive Arts
	4:30-5:00 pm	TEA BREAK					
Session 4	5:00-6:00 pm	Ashwathi Ganesh (Bengaluru) - To Look Inward While Helping: A Journey through Facilitation ; Mugdha Shivapurkar (Pune) - Examining the Therapeutic Value of Art for a Client Diagnosed with a Personality Disorder: A Case Study	Dr. Jaya Rajagopalan (Pune) - Body in Dance: Using Dance and Movement Therapy in Enhancing Self-Esteem and Body Image in Young Women ; Sukriti Dua (New Delhi) - The Effect of Dance on Self: A Multi-level Approach	n/a	Sophia Ali (New Delhi) - Expressive Self Care: Using Body-Based Expressive Arts Therapy with Brain Injury Survivors ; Tejali Kunte (Mumbai) - The Effects Of a Community-Based Creative Movement and Dance Program: Using Indian Dance Techniques with Parkinson's Patients	n/a	n/a
	6:15-7:00pm	DAY ONE CLOSING & DRUM CIRCLE / MOVEMENT JAM					

CMTAI CONFERENCE DAY 2 - SUNDAY, OCTOBER 7, 2018

Sessions	Time	Session A	Session B	Session C	Session D	Session E	Session F
	8:30-9:00am	DAY TWO WELCOME					
Session 5	9:00-11:00am	Preetha Ramasubramaniam (Chennai) - Expressive Arts Therapy Wellness Sessions in Mainstream Schools Focusing on Adolescents	Dr. Margaret Lobo, Polly Harris, & Nina Wollersberger (UK/New Delhi) - Music: A Therapeutic Tool for Special Needs Children	Aditi Kaul (New Delhi) - Expressive Art Therapies in Healthcare & Education	Suhani Sharma (New Delhi) - Exploring Body-Based Practices: Introduction to Dance Movement Therapy	Iman Kheil (Palestine/Israel) - Step Up and Create Your Own Stage: Drama Therapy	Anubha Doshi (Pune) & Avantika Malhautra (Mumbai) - Integrating Mindfulness and Presence Oriented Psychotherapy with the Expressive Arts
	11:00-11:30am	TEA BREAK					
Session 6	11:30am-1:30 pm	Dr. Vonita Singh (Dubai) - Shall We Dance: Mindful and Conscious Movements for People with Parkinson's Disease	Disha Dutt (Bengaluru) - Art Therapy with the Children of Migrant Dwellers in Slums	Preethi Rajagopalan & Janavi Ananth (Bengaluru) - Connecting with Self and Others: Movement Therapy for Children with Special Needs	Kashma Goyal (Mumbai) - Drama Therapy in a Corporate Setup	Vikramjeet Sinha (New Delhi) - Conflict and Transformation: Working Through Image Theatre	Bhaktiveda Dhau (Mumbai) - Imagination in Education: Are We Killing Our Creativity?
	1:30-2:30 pm	LUNCH					
Session 7	2:45-3:45 pm	Neha Christopher (New Delhi) - Dance Movement Therapy with Older Adults	Anshuma Kshetrapal (Bengaluru/New Delhi) - Facilitating the Feminine: Using Drama Therapy to Explore Stories Of and About Women	Charithra Ballal (Bengaluru) - Gender & Self: An Enquiry	Tiffany L. Thompson (USA) - Reaching Children Exposed to Trauma Through the Use of Expressive Arts in School Settings	Magdalene Jeyarathnam (Chennai) - Relevance of Posture & Movement in Psychodrama	Akshata Parekh (Pune) - Bringing Art Back Into People's Lives: Social Interaction & Stress Management
	4:00-4:45 pm	CLOSING and TEA					